



User's Manual

Rat BDNF(Brain Derived Neurotrophic Factor) ELISA Kit

REF

DEIA713



96T

RUO

This product is for research use only and is not intended for diagnostic use.

For illustrative purposes only. To perform the assay the instructions for use provided with the kit have to be used.

Creative Diagnostics

 **Address: 45-1 Ramsey Road, Shirley, NY 11967, USA**

 **Tel: 1-631-624-4882 (USA) 44-161-818-6441 (Europe)**  **Fax: 1-631-938-8221**

 **Email: info@creative-diagnostics.com**  **Web: www.creative-diagnostics.com**

PRODUCT INFORMATION

Intended Use

For quantitative detection of BDNF in serum, plasma, tissue homogenates and other biological fluids.

Principles of Testing

This kit was based on sandwich enzyme-linked immune-sorbent assay technology. Capture antibody was pre-coated onto 96-well plates. And the biotin conjugated antibody was used as detection antibodies. The standards, test samples and biotin conjugated detection antibody were added to the wells subsequently, and washed with wash buffer. HRP-Streptavidin was added and unbound conjugates were washed away with wash buffer. TMB substrates were used to visualize HRP enzymatic reaction. TMB was catalyzed by HRP to produce a blue color product that changed into yellow after adding acidic stop solution. The density of yellow is proportional to the target amount of sample captured in plate. Read the O.D. absorbance at 450nm in a microplate reader, and then the concentration of target can be calculated.

Reagents And Materials Provided

Item	Specifications(96T)	Storage
ELISA Microplate(Dismountable)	8×12	2-8°C/-20°C
Lyophilized Standard	2vial	2-8°C/-20°C
Sample Dilution Buffer	20ml	2-8°C
Biotin-labeled Antibody(Concentrated)	120ul	2-8°C(Avoid Direct Light)
Antibody Dilution Buffer	10ml	2-8°C
HRP-Streptavidin Conjugate(SABC)	120ul	2-8°C(Avoid Direct Light)
SABC Dilution Buffer	10ml	2-8°C
TMB Substrate	10ml	2-8°C(Avoid Direct Light)
Stop Solution	10ml	2-8°C
Wash Buffer(25X)	30ml	2-8°C
Plate Sealer	5pieces	
Product Description	1copy	

Materials Required But Not Supplied

1. Microplate reader (wavelength: 450 nm)
2. 37°C incubator
3. Automated plate washer

4. Precision single and multi-channel pipette and disposable tips
5. Clean tubes and Eppendorf tubes
6. Deionized or distilled water

Storage

2-8 °C for 6 months

Specimen Collection And Preparation

- 1. Serum:** Place whole blood sample at room temperature for 2 hours or put it at 2-8°C overnight and centrifugation for 20 minutes at approximately 1000×g, Collect the supernatant and carry out the assay immediately. Blood collection tubes should be disposable, non-pyrogenic, and non-endotoxin.
- 2. Plasma:** Collect plasma using EDTA-Na₂ or heparin as an anticoagulant. Centrifuge samples for 15 minutes at 1000×g at 2-8°C within 30 minutes of collection. Collect the supernatant and carry out the assay immediately. Avoid hemolysis, high cholesterol samples.
- 3. Tissue Homogenates:** As hemolysis blood has relation to assay result, it is necessary to remove residual blood by washing tissue with pre-cooling PBS buffer (0.01M, pH=7.4). Mince tissue after weighing it and get it homogenized in PBS (the volume depends on the weight of the tissue. Normal, 9mL PBS would be appropriate to 1 gram tissue pieces. Some protease inhibitors are recommended to add into the PBS) with a glass homogenizer on ice. To further break the cells, you can sonicate the suspension with an ultrasonic cell disrupter or subject it to freeze-thaw cycles. The homogenates are then centrifuged for 5 minutes at 5000×g to get the supernatant. The total protein concentration was determined by BCA kit and the total protein concentration of each well sample should not exceed 0.3mg.
- 4. Adherent and Suspension Cell Culture:** Use three T25 flasks or one T75 flask for cell culture, the number of cells (1×10^7);
 - a. Suspension cell:** centrifuge at 2500 rpm at 2-8°C for 5 minutes; collect clarified cell culture supernatant;
 - b. Adherent cell:** collect supernatant directly; centrifuge at 2500 rpm at 2-8°C for 5 minutes; collect clarified cell culture supernatant for immediate detection or store it separately at -80°C.
- 5. Cell Lysate Preparation:** Two types of cell lysates are specified below.
 - a. Suspension Cell Lysate:** Centrifuge at 2500 rpm at 2-8°C for 5 minutes; Then add pre-cooling PBS into collected cell and gently mix. Recollect cell by repeating centrifugation. Add 0.5-1 ml RIPA lysis buffer (NP-40 lysis buffer or Triton X-100 surfactant is not recommended due to the interfering with antigen-antibody reaction). Add suitable protease inhibitor (e.g. PMSF, working concentration: 1mmol/L). Lyse the cell on ice for 30min-1h. During lysate process, use the tip for pipetting or intermittently shake the centrifugal tube to completely lyse the protein. Alternatively, cells are subject to fragmentation by ultrasonic cell disruptor (300W, 3-5 s/time, 30s intervals, four-five times) or ultrasonic generator (14μm for 30s). At the end of lysate or ultrasonic disruption, centrifuge at 10000 rpm at 2-8°C for 10 minutes. Then, the supernatant is added into EP tube and stored at -80°C.
 - b. Adherent Cell Lysate:** Absorb supernatant and add pre-cooling PBS once. Then, add 0.5-1 ml RIPA lysis buffer (NP-40 lysis buffer or Triton X-100 surfactant is not recommended due to the interfering with antigen-antibody reaction). Add the suitable protease inhibitor (e.g. PMSF, working concentration: 1 mmol/L). Scrape



adherent cell gently with a cell scraper. Add the cell suspension into centrifugal tube. Lyse the cell on ice for 30 min-1 h. During lysate process, use the tip for pipetting or intermittently shake the centrifugal tube to completely lyse the protein. Alternatively, cells are subject to fragmentation by ultrasonic generator (14μm for 30s) or ultrasonic cell disruptor (300W, 3-5 s/time, 30s intervals, four-five times). At the end of lysate/ultrasonic disruption, centrifuge at 10000 rpm at 2-8°C for 10 minutes. Then, the supernatant is added into EP tube and stored at -80°C.

6. Other Biological Fluids: Centrifuge samples for 20 minutes at 1000×g at 2-8°C. Collect supernatant and carry out the assay immediately.

Note: Samples used within 5 days can be stored at 2-8°C; otherwise, they must be stored at -20°C or -80°C or liquid nitrogen to avoid loss of biological activity and contamination. Avoid multiple freeze-thaw cycles. Hemolytic samples are not suitable for this test.

7. Sample Dilution

The user should estimate the concentration of target protein in the test sample, and select a proper dilution factor to make the diluted target protein concentration fall in the optimal detection range of the kit. Dilute the sample with the provided dilution buffer, and several trials may be necessary. The test sample must be well mixed with the dilution buffer. And also standard curves and sample should be making in pre-experiment. If samples with very high concentrations, dilute samples with PBS first and then dilute the samples with Sample Dilution.

The matrix components in the sample will affect the test results, which it need to be diluted at least 1/2 with Sample Dilution Buffer before testing!

Reagent Preparation

Bring all reagents and samples to room temperature for 20 minutes before use.

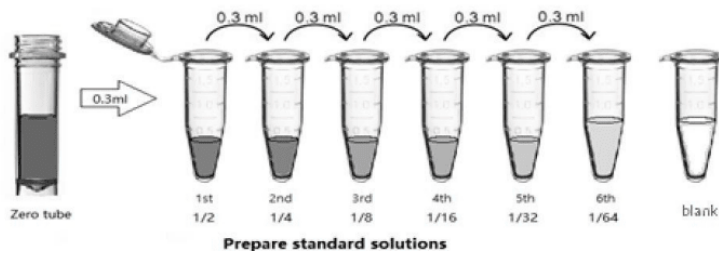
1. Wash Buffer:

If crystals have formed in the concentrate, you can warm it with 40°C water bath (Heating temperature should not exceed 50°C) and mix it gently until the crystals have completely been dissolved. The solution should be cooled to room temperature before use. Dilute 30 ml Concentrated Wash Buffer to 750 ml Wash Buffer with deionized or distilled water (The recommended resistivity of deionized or distilled water is 18MΩ). Put unused solution back at 2-8°C.

2. Standards:

a. Add 1 ml Sample Dilution Buffer into one Standard tube (labeled as zero tube), keep the tube at room temperature for 10 minutes and mix them thoroughly. **Note: If the standard tube concentration higher than the range of the kit, please dilute it and labeled as zero tube.**

b. Label 7 EP tubes with 1/2, 1/4, 1/8, 1/16, 1/32, 1/64 and blank respectively. Add 0.3 ml of the Sample Dilution Buffer into each tube. Add 0.3 ml of the above Standard solution (from zero tube) into 1st tube and mix them thoroughly. Transfer 0.3 ml from 1st tube to 2nd tube and mix them thoroughly. Transfer 0.3 ml from 2nd tube to 3rd tube and mix them thoroughly, and so on. Sample Dilution Buffer was used for the blank control.**Note: It is best to use Standard Solutions within 2 hours.**



3. Preparation of Biotin-labeled Antibody Working Solution:

Prepare it within 1 hour before experiment.

- Calculate required total volume of the working solution: $0.1 \text{ ml/well} \times \text{quantity of wells}$. (Allow 0.1-0.2 ml more than the total volume.)
- Dilute the Biotin-detection antibody with Antibody Dilution Buffer at 1:100 and mix them thoroughly. (i.e. Add 1 µl Biotin-labeled antibody into 99 µl Antibody Dilution Buffer.)

4. Preparation of HRP-Streptavidin Conjugate (SABC) Working Solution:

Prepare it within 30 minutes before experiment.

- Calculate required total volume of the working solution: $0.1 \text{ ml/well} \times \text{quantity of wells}$. (Allow 0.1-0.2 ml more than the total volume.)
- Dilute the SABC with SABC Dilution Buffer at 1:100 and mix them thoroughly. (i.e. Add 1 µl of SABC into 99 µl of SABC Dilution Buffer.)

Assay Procedure

Washing Note:

- Manual:** Discard the solution in the plate without touching the side walls. Clap the plate on absorbent filter papers or other absorbent material. Fill each well completely with 350 µl wash buffer and soak for 1 to 2 minutes, then aspirate contents from the plate, and clap the plate on absorbent filter papers or other absorbent material.
- Automatic:** Aspirate all wells, and then wash plate with 350 µl wash buffer. After the final wash, invert plate, and clap the plate on absorbent filter papers or other absorbent material. It is recommended that the washer shall be set for soaking 1 minute. (**Note: set the height of the needles; be sure the fluid can be sipped up completely**)

Procedure

When diluting samples and reagents, they must be mixed completely and evenly. Before adding TMB into wells, equilibrate TMB Substrate for 30 minutes at 37°C. It is recommended to plot a standard curve for each test.

- Set standard, test samples (diluted at least 1/2 with Sample Dilution Buffer), control (blank) wells** on the pre-coated plate respectively, and then, records their positions. It is recommended to measure each standard and sample in duplicate.
- Prepare Standards:** Aliquot 100 µl of zero tube, 1st tube, 2nd tube, 3rd tube, 4th tube, 5th tube, 6th tube and Sample Dilution Buffer (blank) into the standard wells.
- Add Samples:** Add 100 µl of properly diluted sample into test sample wells.

4. Incubate: Seal the plate with a cover and incubate at 37°C for 90 minutes.

5. Wash: Remove the cover and discard the plate content, and wash plate 2 times with Wash Buffer. Do NOT let the wells dry completely at any time.

6. Biotin-labeled Antibody: Add 100 µl Biotin-labeled antibody working solution into above wells (standard, test sample and blank wells). Add the solution at the bottom of each well without touching the sidewall, cover the plate and incubate at 37°C for 60 minutes.

7. Wash: Remove the cover, and wash plate 3 times with Wash Buffer, and let the Wash Buffer stay in the wells for 1-2 minutes each time.

8. HRP-Streptavidin Conjugate (SABC): Add 100 µl of SABC Working Solution into each well, cover the plate and incubate at 37°C for 30 minutes.

9. Wash: Remove the cover and wash plate 5 times with Wash Buffer, and let the wash buffer stay in the wells for 1-2 minutes each time.

10. TMB Substrate: Add 90 µl TMB Substrate into each well, cover the plate and incubate at 37°C in dark within 10-20 minutes. (Before adding TMB into wells, equilibrate TMB Substrate for 30 minutes at 37°C.). (**Note: The reaction time can be shortened or extended according to the actual color change, but not more than 30 minutes. You can terminate the reaction when apparent gradient appeared in standard wells.**)

11. Stop: Add 50 µl Stop Solution into each well. The color will turn yellow immediately. The adding order of Stop Solution should be as the same as the TMB Substrate Solution.

12. OD Measurement: Read the O.D. absorbance at 450 nm in Microplate Reader immediately after adding the stop solution.

Note: If the samples measured were diluted, multiply the dilution factor to the concentrations from interpolation to obtain the concentration before dilution.

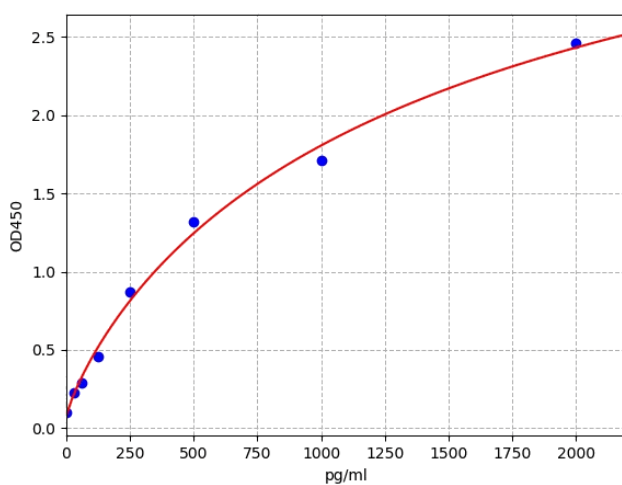
Calculation

Regarding calculation, (the relative O.D.450) = (the O.D.450 of each well) – (the O.D.450 of blank well). The standard curve can be plotted as the relative O.D.450 of each standard solution (Y) vs. the respective concentration of the standard solution (X). The target concentration of the samples can be interpolated from the standard curve. It is recommended to use some professional software to do this calculation.

Typical Standard Curve

Results of a typical standard operation of a BDNF ELISA Kit are listed below. This standard curve was generated at our lab for demonstration purpose only. Users shall obtain standard curve as per experiment by themselves. (N/A=not applicable)

STD.(pg/ml)	OD-1	OD-2	Average	Corrected
0	0.096	0.098	0.097	0
31.25	0.223	0.229	0.226	0.129
62.5	0.287	0.295	0.291	0.194
125	0.453	0.467	0.46	0.363
250	0.862	0.886	0.874	0.777
500	1.297	1.335	1.316	1.219
1000	1.686	1.734	1.71	1.613
2000	2.427	2.497	2.462	2.365



Performance Characteristics

The stability of ELISA kit is determined by the loss rate of activity. The loss rate of this kit is less than 10% within the expiration date under appropriate storage condition.

Standard(n=5)	37°C for 1 month	2-8°C for 6 months
Average (%)	80	95-100

To minimize extra influence on performance, operation procedures and lab conditions, especially room temperature, air humidity, incubator temperature should be strictly controlled. It is strongly suggested that the same operator performs the whole assay from the beginning to the end.

Precision

Intra-Assay: CV<8%

Inter-Assay: CV<10%

Detection Range

31.25-2000 pg/ml

Sensitivity

18.75 pg/ml

Specificity

This assay has high sensitivity and excellent specificity for detection of BDNF. No significant cross-reactivity or interference between BDNF and analogues was observed.

Note: Limited by current skills and knowledge, it is difficult for us to complete the cross-reactivity detection between BDNF and all the analogues, therefore, cross reaction may still exist.

Linearity

The linearity of the kit was assayed by testing samples spiked with appropriate concentration of BDNF and their serial dilutions. The results were demonstrated by percentage of calculated concentration to the expectation.

Sample	1:2	1:4	1:8
Serum(n=5)	86-102%	82-96%	87-97%
EDTA Plasma(n=5)	85-104%	84-100%	81-100%
Heparin Plasma(n=5)	91-103%	89-98%	81-96%

Recovery

Matrices listed below were spiked with certain level of BDNF and the recovery rates were calculated by comparing the measured value to the expected amount of BDNF in samples.

Matrix	Recovery Range (%)	Average (%)
Serum(n=5)	92-103	98
EDTA Plasma(n=5)	87-102	96
Heparin Plasma(n=5)	86-105	94

Precautions

1. To inspect the validity of experiment operation and the appropriateness of sample dilution proportion, pilot experiment using standards and a small number of samples is recommended.
2. After opening and before using, keep plate dry.
3. Before using the kit, spin tubes and bring down all components to the bottom of tubes.
4. Storage TMB reagents avoid light.

5. Washing process is very important, not fully wash easily cause a false positive and high background.
6. Duplicate well assay is recommended for both standard and sample testing.
7. Don't let microplate dry at the assay, for dry plate will inactivate active components on plate.
8. Don't reuse tips and tubes to avoid cross contamination.
9. Please do not mix the reagents in different kits of our company. Do not mix reagents from other manufacturers.
10. To ensure accurate results, proper adhesion of plate sealers during incubation steps is necessary.

